Dear Parents,

Welcome to the 2018-2019 school year! I am so excited to work with your students this year and introduce you and them to flexible seating. Our classroom may look a little different in some areas than a traditional classroom and I am excited for your child to explore flexible seating and the different ways they prefer to learn and work.

Flexible seating is a concept rooted in educational research that encourages students to choose their type of seating based on their learning preferences. For example, some students prefer to stand while learning, so we have a standing table (with stools if they want to periodically sit down). Some students prefer to sit on the floor or on their knees, so we have a coffee table for students to sit around. Some students prefer a traditional desk, so we have enough of these that each student will have a personal desk where they can work and store their things.

Altogether, our room has 8 different seating options available for our approximately 23 students. Whether you child prefers to sit in a traditional seat or explore a non-traditional posture, our classroom is designed to increase communication, learning and creativity. We will start out slow with our flexible seating and allow students to use flexible seating options during station time and independent work time.

Students are not locked-in to a seating assignment and will have the ability to make a different seating choice when we switch subjects throughout the day, as their academic needs dictate. For example, some students may want to use a traditional type of seat during math, but then use a beach chair while reading a favorite novel. The choice and freedom is theirs as long as they're exercising a responsible choice that helps them be academically successful.  To this end, we will devote time in the first few weeks to making sure we understand the rules and procedures for flexible seating. After we go over our rules and procedures together students will bring home a list of these rules for you to discuss and have conversations about.

Please let me know if you have any questions, as always you can reach me by email at [ingoldl@gcsnc.com](mailto:ingoldl@gcsnc.com) or by phone at 336-605-5480

Sincerely,

Ms. Ingold